

## *Judy Brooks- Co-founder Lightbridge Media*

Judy Brooks brings a wealth of media and metaphysical experience to her role as creator and host of *Healing Quest*, the acclaimed series on natural health and integrative medicine now in its 13<sup>th</sup> season on PBS stations across the country.

The half-hour programs explore the new pathways to optimum health – health that transcends the mere absence of illness and encompasses instead the maximum wellness of mind, body and spirit.

Ms. Brooks is also founder of Lightbridge Media that she launched with her husband Roy in 1998. Their vision is to create non-fiction programming that is entertaining, enlightening and empowering.

In addition to *Healing Quest* Ms. Brooks has produced three prime-time pledge specials for PBS stations; produced and directed *Peace Kids: The China Trip*, a one-hour documentary on the journey of 14 American children to China on a grassroots peace mission; and produced and directed *Broken Wings*, a six-part video series to help U.S. educators deal with the epidemic of domestic violence;

Before launching Lightbridge Media, Ms. Brooks produced and hosted *Mind•Body•Spirit Reports* for BAY TV in San Francisco; produced and hosted *The Intuitive Connection*, a weekly radio show in San Francisco; and co-produced and directed five stage performances in San Francisco showcasing the Autobiographical Theatre technique.

Ms. Brooks has advanced training in Reiki and Alchemical Hypnotherapy.