

KNOW BEFORE YOU GO

The Soul Power Cancun Retreat

March 1 – 6, 2019

Passports

All visitors must have a valid passport that will be valid for 6 months beyond the length of your visit and a round-trip airline ticket (Proof of Departure - confirmed round-trip or onward airline ticket). It is a good idea to take a photocopy of your passport with you.

Entry Visas

Upon arrival in Mexico you will need to produce a visitor's permit which is now known as the FMM "Forma Migratoria Multiple". This form is provided free of charge by your airline during your flight or at point of entry.

Mexico Visa Policy permits citizens of the countries listed below (not a complete list) to travel to Mexico without a visa (FMTTV): Australia, Austria, Belgium, Canada, Denmark, Estonia, France, Germany, Ireland, Israel, Japan, Netherlands, New Zealand, Norway, Spain, Sweden, Switzerland, United Kingdom, United States. For a complete list of Countries and regions that do and do not require a Visa for Mexico, please check <http://cancun.travel/en/general-information/passport/>. One online resource to obtain a Visa for Mexico is http://www.visahq.com/?a_aid=vaff3381.

Needing to change your reservation after booking?

If you need to change your reservation in any way, such as going from a single occupancy to sharing with another friend, or wanting to change your room type, please do not submit a new online registration form. Please contact our office directly by emailing Antoinette@lifejourneys.net or calling 949-537-7200 ext. 204.

Getting to Cancun

Cancun Airport International (**CUN**) is easily accessible from almost every major city in the world. The distance between the airport and the resort is 11 miles / 18 Km (approx. 15 minutes). Taxis cost approximately \$45 USD from the airport.

Check-in time at the resort is 3:00 PM and check-out time is 12:00 noon. The resort will accommodate early arrivals and late departures as much as possible. If your room is not available upon your arrival, you can put your luggage in storage and enjoy the resort.

Can I purchase transfers from the airport to the Resort?

Transfers may be available from the Cancun airport to the Paradisus Cancun Resort on March 1 and back on March 6. More information will be advised in late Fall 2018.

Things to do

The Yucatan Peninsula is home to countless miles of beautiful beaches and varied activities - such as excellent snorkeling, scuba, cave and ship wreck diving, sailing, jungle touring, parasailing, wave running, shopping, and fun nightlife.

Currency

The official currency in Cancun is the Mexican Peso but American Dollars are also widely accepted. The front desk can exchange dollars to pesos, but a copy of your passport is required. Currency exchange stores are available in the Cancun area and at the airport. Exchange rate as of March 2018 is approximately 18 pesos to one U.S. Dollar.

Room Amenities

All rooms include: private balcony, 32" Flat Screen LCD TV with cable, marble floors, daily-stocked mini bar, coffee maker, individually controlled air conditioning, 24-hour room service (delivery fee will apply), free high speed wireless internet, iron and ironing board, modern bathroom with hair dryer, radio alarm clock, smoke detectors, safe deposit box (laptop suitable), direct dial telephones, and daily maid & turndown service. Connecting rooms are available with some room types.

Additional amenities will apply to Concierge, Royal Service, and Club Melia rooms and are listed on the "view suites" link on the event website.

Can I stay extra days before or after the event?

You can add up to 3 nights before and/or up to 3 nights after the event dates at our group rates (based on availability). These additional nights can be added when you make your initial reservation or afterwards by logging into your Life Journeys account [here](#).

Spa and Salon Services

The YHI Spa offers our guests an extensive list of pampering spa and salon treatments. As part of the group, you will receive a **20% discount** on all services. Pre-bookings will be available in January 2019.

There will be a \$25 USD per day charge for any of our guests who would like to enjoy the Spa facilities with no treatments. Booking any treatments will allow guests to enjoy the facility for the day at no additional cost. The Spa is only offered to adults 18 years or older.

We're bringing the kids; any special activities for them?

Absolutely! Kids Club (ages 5 - 12) provide a variety of fun daily activities to keep the young ones engaged. There's a full schedule of events, activities, and entertainment such as water activities, pool games, X-box tournaments, dance contests, handicrafts, and much more. Baby's Club (ages 1 – 4) is also available. All children must be signed in and out, and the parent's contact information is requested.

What's included in your price?

- All meals and drinks at the resort including alcoholic beverages with the exception of dining at the specialty restaurant "Tempo"
- Full workshop program with James
- Group cocktail party and closing private dinner
- All resort taxes and gratuities (except for Mexican citizens)
- Most property sports and activities
- Entertainment - daily and nightly activities, including special shows, contests, and live music
- Wireless Internet access throughout the resort
- 24 hour room service (a delivery charge only will apply)
- Fitness Center

What's not included in your accommodation price?

- Air Transportation
- Transfers to and from the airport to the resort
- Motorized water sports rentals
- Spa or Salon individual treatments
- Gift Shop purchases
- Pay per View TV channels
- Phone calls, laundry or dry cleaning at the resort

Dining

The Paradisus Cancun has 9 restaurants to choose from and you're welcome to dine anywhere you'd like. A full list of restaurant venues is on the event website.

Possible Group Land Tours offered

Special group tours may be offered and if so, will be advised in late Fall 2018. Otherwise, the resort does have a full tour desk offering a large variety of excursions.

Weather

The weather is tropical with year round sun. Temperatures should range from 22° to 29° C (75° to 85° F).

Resort Contact Information

The Paradisus Cancun Resort's address is Boulevard Kukulcán, km 16.5 Cancún 77500, México.

