



## YHI SPA

**Yhi Spa is open from 10 am to 10 pm (last treatment is at 9 pm)**

**Fitness Center is open 24 hours**

**A 20% discount is offered for all Abraham-Hicks participants, so please identify yourself as part of the group.**  
There will be a \$25usd day charge for any of our guests who would like to enjoy the Spa facilities with no treatments.  
Booking any treatments will allow guests to enjoy the facility for the day at no additional cost.  
The Spa is only offered to adults 18 years or older.

Guests may contact Omar Sánchez (Spa Manager) at [omar.sanchez@melia.com](mailto:omar.sanchez@melia.com) or [yhispa.paradisus.cancun@melia.com](mailto:yhispa.paradisus.cancun@melia.com) to make their reservations prior to their arrival at the resort.

**As soon as you arrive at the resort please confirm your appointments in the Spa reception.**

### **WHEN BOOKING YOUR TREATMENTS PLEASE PROVIDE:**

- ✓ Full name of the person that will take the spa/beauty parlor service
- ✓ Spa treatment / Service requested
- ✓ Date Requested and Time of preference
- ✓ All Therapists are Female.
- ✓ Advise any medical conditions or special requests.

### **WHAT PRECAUTIONS YOU NEED TO TAKE:**

- ✓ We suggest you eat with moderation prior to your spa appointment and avoid alcohol.
- ✓ Avoid shaving before a body scrub. Sunburn can prevent you enjoy your treatment.

### **CANCELLATION POLICY:**

- ✓ 48 hours in advance to avoid a penalty of 50% of the regular price of the treatment.
- ✓ A change of appointment will be at least 4 hours in advance, subject to availability and non-refundable.
- ✓ Being late for your appointment may be cause "remaining time" of the treatment.

### **SPA SERVICES AND FACILITIES:**

- ✓ 11 Treatment Rooms
- ✓ Aromatherapy
- ✓ Signature treatments
- ✓ Hydrotherapy
- ✓ Scrubs
- ✓ Facials
- ✓ Hands & Feet Services
- ✓ Spa Boutique
- ✓ Fitness Center
- ✓ Yoga Classes
- ✓ Personal trainer
- ✓ Whirlpool
- ✓ Saunas
- ✓ Steam rooms
- ✓ Lockers
- ✓ Vip Cabin

